

# LA BRIDES

Spring/Summer 2007

Romantic Locales  
to Celebrate Love

Wedding Trends  
**2007**

Honeymoon  
in paris

**APRIL** Bowlby  
"Two and a Half Men"

## bridal shower bliss

The days leading up to the wedding day can be stressful for everyone in the bridal party, so why not move the bridal shower or bachelorette party to a place of pampering like dtox Day Spa in Arwater Village? With its high exposed-beam ceiling, big cushy sofas, soothing waterfall, bamboo wall panels and big potted plants, the inviting atrium at this friendly spa is the sort of place a bride and her girlfriends can chill out, sip cocktails and enjoy 20-minute mini treatments like the Text Message Delete massage, which focuses on your forearm and hands; or the Girls on Heels massage, designed to make your calves and feet forget all about those four-inch Jimmy Choos you had on all day. The 20-minute treatments run \$39, \$69 or \$99 for one, two or three services. Or, book a full-length treatment like the spa's 80-minute dtox Signature Experience, which includes a hot stone massage that also incorporates elements of a traditional Swedish massage as well as the long, lingering strokes of an Esalon massage. A beautiful yoga studio is located in the back, so you and the girls can even incorporate a round of downward dogs into the celebration. dtox Day Spa, 3206 Los Feliz Blvd., Los Angeles; (323) 665-3869; [www.dtoxspa.com](http://www.dtoxspa.com).